



# April

~ April 2012 ~

Class	Mon	Tue	Wed	Thu	Fri
	<b>2</b>	<b>3</b> Healthy Choices -Domestic Respect Farwell 11 am  Healthy Choices STD's Mitchell St 11:30 am	<b>4</b>	<b>5</b> Healthy Choices Domestic Respect Mitchell St 10 am  Journaling Class Farwell 11 am Michelle	<b>6</b> Parenting Age 3-5 Mitchell St 10 am Spanish
	<b>9</b>	<b>10</b> Fertility Appreciation Mitchell St 10 am English  Healthy Choices Substance Mitchell St 11:30	<b>11</b>	<b>12</b> Breastfeeding Mitchell St 10 am am English 11 am Spanish	<b>13</b>
<b>15</b>	<b>16</b>	<b>17</b> Breastfeeding Farwell Ave 11am  Healthy Choices Media Mitchell St 11:30	<b>18</b>	<b>19</b> The First Years Last Forever Mitchell St 9:30 English 10:45 Spanish  The First Years Last Forever Farwell Ave 5 PM English	<b>20</b>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> STD informational class Farwell Ave 10:00 am  Mitchell St 11:30 Spanish	<b>27</b>

**Upcoming classes:**

**Healthy Choices – Domestic Respect:**  
How to build strong interpersonal relationships and learn the warning signs of domestic violence.  
Hosted by Sojourner Family Peace Center

**JOURNALING**  
Learn the secrets to journaling!

**Parenting Ages 3-5: Spanish**  
This Spanish class will teach basic parenting skills and stages of growth for children ages 3-5.

**Fertility Appreciation:**  
Join us as we explore the gift of fertility. Hosted by Marquette Institute of Natural Family Planning

**Healthy Choices: :Substance Abuse**  
Substance abuse affects families in so many ways. This class helps and supports those living in this situation.

**Healthy Choices: :Media**  
The media has a large influence on our society and families. This class explains this.

**Breastfeeding:**  
This monthly class teaches the importance of breastfeeding and the basics of breastfeeding your baby. Hosted by LeLeche League

**The First Years Last Forever:**  
Parents and caregivers are the most important people in a child's life. Tips on bonding, communication, health and nutrition and child care.

**STD Information**  
Join us to learn the basics of Sexually transmitted diseases ... signs and treatment.

**Farwell Location**  
Women's Care Center  
1441 N. Farwell Ave  
Milwaukee Wi 53202  
414-223-2610

**Register required : Call location of class you wish to attend**  
In order to have coupons signed:  
1. Be on time for class  
2. If unable to attend please call

**Mitchell St Location**  
Women's Care Center  
1225 W. Historic Mitchell St Suite 217  
Milwaukee Wi 53204  
414-645-4050

**Crib Club Hours at both centers :** 45 minutes after all classes and Wednesday's from 11:30 – 12:30.

[www.womenscarecenter.org](http://www.womenscarecenter.org)

Mother and Father of the baby welcome to take one class per week for as many weeks as they'd like. One crib club coupon will be given for each class attended.