



# Parenting Class Schedule January 2012

January	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Goal Setting</b>	2 <b>No Classes</b> <b>Offices Closed</b>	3 •6 pm Mishawaka <i>No Prenatal Yoga</i>	4 •10 am Mishawaka <b>Spanish Prenatal</b> •1:00 Chapin <b>Spanish:</b> •5:30pm N.D. Ave •6:30pm N.D. Ave	5 <i>Newborn/Infant Care</i> •1 pm Chapin  <i>1st Time Moms</i> •1:00 N.D. Ave <i>(call ND Ave office to register)</i>	6
<b>Class Evaluations</b>	9 •1 pm Chapin •4:30pm N.D. Ave •5:30pm N.D. Ave	10 •6 pm Mishawaka <i>No Prenatal Yoga</i>	11 •10 am Mishawaka <b>Spanish:</b> •5:30pm N.D. Ave •6:30pm N.D. Ave	12 <i>Newborn/Infant Care</i> •1 pm Chapin  <i>1st Time Moms</i> •1:00 N.D. Ave <i>(call ND Ave office to register)</i>	13 <b>Spanish</b> I I am Chapin
<b>10 Principles of Highly Effective Parenting</b>	16 •1 pm Chapin •4:30pm N.D. Ave •5:30pm N.D. Ave	17 •6 pm Mishawaka <i>Prenatal Yoga</i> •5:45 N.D. Ave <i>(call ND Ave office to register)</i>	18 •10 am Mishawaka <b>Spanish Prenatal</b> •1:00 Chapin <b>Spanish:</b> •5:30pm N.D. Ave •6:30pm N.D. Ave	19 <i>Newborn/Infant Care</i> •1 pm Chapin  <i>1st Time Moms</i> •1:00 N.D. Ave <i>(call ND Ave office to register)</i>	20
<b>Red Cross and Fire Safety</b>	23 •1 pm Chapin •4:30pm N.D. Ave •5:30pm N.D. Ave	24 •6 pm Mishawaka <i>Prenatal Yoga</i> •5:45 N.D. Ave <i>(call ND Ave office to register)</i>	25 •10 am Mishawaka <b>Spanish:</b> •5:30pm N.D. Ave •6:30pm N.D. Ave	26 <i>Newborn/Infant Care</i> •1 pm Chapin  <i>1st Time Moms</i> •1:00 N.D. Ave <i>(call ND Ave office to register)</i>	27 <b>Spanish</b> I I am Chapin
<b>Medicaid Updates and Community Resources</b>	30 •1 pm Chapin •4:30pm N.D. Ave •5:30pm N.D. Ave	31 •6 pm Mishawaka <i>Prenatal Yoga</i> •5:45 N.D. Ave <i>(call ND Ave office to register)</i>	Feb 1 •10 am Mishawaka <b>Spanish:</b> •5:30pm N.D. Ave •6:30pm N.D. Ave	Feb 2 <i>Newborn/Infant Care</i> •1 pm Chapin  <i>1st Time Moms</i> •1:00 N.D. Ave <i>(call ND Ave office to register)</i>	Feb 3

234 Chapin St., South Bend (234-0403).....No Crib Club at this location  
 607 Lincolnway West, Mishawaka (252-3680).....**Crib Club T:4:30-5:45pm and W:11:00-2:00pm**  
 360 N. Notre Dame Ave., South Bend(234-0363).....**Crib Club M:4:30-5:30pm and T/Th:5-8:00pm**  
 1635 N. Ironwood, South Bend (273-8986).....No Crib Club at this location

[www.womenscarecenter.org](http://www.womenscarecenter.org)

Mother and Father of the baby welcome to attend one class per week for as many weeks as they like.

Each parent earns diapers and a Crib Club or BABE Coupon for each class they attend.

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