

January 2019



Group Parenting Classes



103 E. 1st St. Duluth, MN 218.623.7100
M: 8:30am-5pm Tu-F: 8am-4pm

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Attention Clients!!! Attend a small group that correlates to your current situation to earn more coupons than individual video appts!</p>	<p>1 CLOSED HAPPY NEWYEAR</p>	<p>2</p>	<p>3 Finance Series Saving for the Future (10-11am)</p>	<p>4 <i>Parenting Small Group (10-11am)</i> *Coupons Only*</p>
<p>7 <i>1st Trimester Small Group (10-11am)</i> *Coupons Only*</p>	<p>8 Nutrition #1 (10-11:30am)</p>	<p>9 <i>Infant Small Group (10-11am)</i> *Coupons Only*</p>	<p>10 Car Seat Safety +Bonus: Home Safety 101 (10-11am)</p>	<p>11 <i>2nd Trimester Small Group (10-11am)</i> *Coupons Only*</p>
<p>14 Fathers Small Group (4-5 pm) *Coupons & Diapers*</p>	<p>15 ECFE INFO (2-3PM)</p>	<p>16 <i>Parenting Small Group (10-11am)</i> *Coupons Only*</p>	<p>17 Breastfeeding 101 w/Jenna Davis (10-11am)</p>	<p>18 <i>3rd Trimester Small Group (10-11am)</i> *Coupons Only*</p>
<p>21 <i>Infant Small Group (10-11am)</i> *Coupons Only*</p>	<p>22 <i>2nd Trimester Small Group (10-11am)</i> *Coupons Only*</p>	<p>23 <i>1st Trimester Small Group (10-11am)</i> *Coupons Only*</p>	<p>24 Nutrition #2 (10-11:30am)</p>	<p>25</p>
<p>28 <i>3rd Trimester Small Group (10-11am)</i> *Coupons Only*</p>	<p>29 Post-Partum Depression 101 (10-11am)</p>	<p>30</p>	<p>31 Cooking w/Lori (10-11am) *At St. Mary's Star of the Sea</p>	

Regular group class (bolded on calendar) clients can earn up to 4 coupons and a bundle of diapers. Father of the baby will also earn a bundle of diapers if they attend.

Group classes must relate to your *current* situation. (Classes will repeat during the year)

Please sign up a day in advance for all group classes!

Child care spots may limit and may not be available during small group sessions

*WCC will pay for client parking but *YOU* are responsible for making sure your spot is accounted for during your time at WCC*

Attend small groups vs. individual appts during the month to earn more coupons!

KEY FOR SMALL GROUPS: 1st Trimester (up to 13W), 2nd Trimester (14-27W), 3rd Trimester (28-40W), Infant (NB-1yr), Parenting (1yr+)