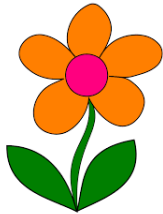



# May 2019



## Group Parenting Classes



103 E. 1<sup>st</sup> St. Duluth, MN 218.623.7100  
M: 8:30am-5pm Tu-F: 8am-4pm

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Bolded Classes: Earn Diapers &amp; Coupons</b>	<b>Small Groups:</b> (Not bolded on calendar) <b>Earn Coupons</b>	1 2 <sup>nd</sup> Trimester Small Group (10-11am)	2 <b>Cooking w/Lori (10-11am)</b> <b>*At St. Mary Star of the Sea</b>	3 1 <sup>st</sup> Trimester Small Group (10-11am)
6 3 <sup>rd</sup> Trimester Small Group (10-11am) <b>*Snack provided @9:15am</b>	7 <b>Parenting 1.0 w/Dr. Harvieux (2-3pm)</b>	8 Infant Small Group (10-11am)	9 <b>Nutrition #3 (10-11:30 am)</b>	10
13 <b>Mom Support Group (10-11am)</b> <b>*Snack provided during group</b>	14 Parenting Small Group (10-11am)	15	16 <b>Car Seat Safety +Home Safety 101 (10-11am)</b>	17 2 <sup>nd</sup> Trimester Small Group (10-11am)
20 1 <sup>st</sup> Trimester Small Group (10-11am) <b>*Snack provided @9:15am</b>	21 <b>Nutrition #4 (10-11:30 am)</b>	22 3 <sup>rd</sup> Trimester Small Group (10-11am)	23 <b>Boys &amp; Girls Club (Informational Class) (10-11am)</b>	24 Infant Small Group (10-11am)
27 <b>CLOSED</b> 	28	29 Parenting Small Group (10-11am)	30 <b>Gardening in the City (1-2pm)</b>	31

Regular group class (bolded on calendar) clients can earn up to 4 coupons and a bundle of diapers. Father of the baby will also earn a bundle of diapers if they attend.

**Group classes must relate to your current situation.** (Classes will repeat during the year)

**\*Please sign up a day in advance for all group classes!\***

\*Child care spots may limit and may not be available during small group sessions\*

\*WCC will pay for client parking but *YOU* are responsible for making sure your spot is accounted for during your time at WCC\*

**Attend small groups vs. individual appts during the month to earn more coupons!**

**KEY FOR SMALL GROUPS: 1<sup>st</sup> Trimester (up to 13W), 2<sup>nd</sup> Trimester (14-27W), 3<sup>rd</sup> Trimester (28-40W), Infant (NB-1yr), Parenting (1yr+)**