



Family Workshops January 2019

Class Topics:	Monday	Tuesday	Wednesday	Thursday	Friday
<u>Resolutions</u>	Dec 31 New Year's Eve Offices Closed No Classes Oficinas Cerradas No Hay Clases	1 New Year's Day Offices Closed No Classes Oficinas Cerradas No Hay Clases	2 •10 am Mishawaka Español: •5:30pm ND Ave •6:30pm ND Ave	3 •11:00 Ironwood <u>Newborn Class</u> •1 pm Chapin <u>1st Time Moms-to-be</u> •1:00 Ironwood <u>Nutrition Class</u> •1:00pm ND Ave	4 Español: Clase de Nutrición •10:30am Chapin •11:30am Chapin
<u>Your Parenting Style</u>	7 •1:00 pm Chapin New Time: •5:00pm ND Ave •6:00pm ND Ave <u>Strong Fathers</u> •6:00pm ND Ave	8 <u>Mommy & Me Storytime</u> <i>For Parents & Their Children</i> •10:00 ND Ave <u>Nutrition Class</u> •5:00 pm Mishawaka •6:00 pm Mishawaka	9 •10 am Mishawaka Español: •5:30pm ND Ave •6:30pm ND Ave	10 •11:00 Ironwood <u>Newborn Class</u> •1 pm Chapin <u>1st Time Moms-to-be</u> •1:00 Ironwood <u>Nutrition Class</u> •1:00pm ND Ave	11 Español: Clase de Nutrición •10:30am Chapin •11:30am Chapin
<u>Bullying</u>	14 •1:00 pm Chapin New Time: •5:00pm ND Ave •6:00pm ND Ave <u>Strong Fathers</u> •6:00pm ND Ave	15 <u>Mommy & Me Storytime</u> <i>For Parents & Their Children</i> •10:00 ND Ave <u>Nutrition Class</u> •5:00 pm Mishawaka •6:00 pm Mishawaka	16 •10 am Mishawaka Español: •5:30pm ND Ave •6:30pm ND Ave	17 •11:00 Ironwood <u>Newborn Class</u> •1 pm Chapin <u>1st Time Moms-to-be</u> •1:00 Ironwood <u>Nutrition Class</u> •1:00pm ND Ave	18 Español: Clase de Nutrición •10:30am Chapin •11:30am Chapin
<u>Manners & Conversation Skills</u>	21 •1:00 pm Chapin New Time: •5:00pm ND Ave •6:00pm ND Ave <u>Strong Fathers</u> •6:00pm ND Ave	22 <u>Mommy & Me Storytime</u> <i>For Parents & Their Children</i> •10:00 ND Ave <u>Nutrition Class</u> •5:00 pm Mishawaka •6:00 pm Mishawaka	23 •10 am Mishawaka Español: •5:30pm ND Ave •6:30pm ND Ave	24 •11:00 Ironwood <u>Newborn Class</u> •1 pm Chapin <u>1st Time Moms-to-be</u> •1:00 Ironwood <u>Nutrition Class</u> •1:00pm ND Ave	25 Español: Clase de Nutrición •10:30am Chapin •11:30am Chapin
<u>Developmental Milestones: 6-12 Months</u>	28 •1:00 pm Chapin New Time: •5:00pm ND Ave •6:00pm ND Ave <u>Strong Fathers</u> •6:00pm ND Ave	29 <u>Mommy & Me Storytime</u> <i>For Parents & Their Children</i> •10:00 ND Ave <u>Nutrition Class</u> •5:00 pm Mishawaka •6:00 pm Mishawaka	30 •10 am Mishawaka Español: •5:30pm ND Ave •6:30pm ND Ave	31 •11:00 Ironwood <u>Newborn Class</u> •1 pm Chapin <u>1st Time Moms-to-be</u> •1:00 Ironwood <u>Nutrition Class</u> •1:00pm ND Ave	Feb 1 Español: Clase de Nutrición •10:30am Chapin •11:30am Chapin

www.womenscarecenter.org

234 Chapin St., South Bend (234-0403)..... **Crib Club Store Hours: M, Th, 2:00-3:00pm, F: 12:00-1:00pm**

607 Lincolnway West, Mishawaka (252-3680)..... **Crib Club Store Hours: W: 11:00am-2:00pm**

360 N. Notre Dame Ave., South Bend (234-0363)..... **Crib Club Store Hours M: 5:30-6:30pm and W: 5:00-5:30pm**

1635 N. Ironwood, South Bend (273-8986)..... **Crib Club Store Hours Th: 12:00-1:00pm**

Class topics subject to change. Mother and Father of the baby welcome to attend one "regular" class per week and as many "special" classes (i.e. Newborn Class, 1st Time Moms, etc) as they like/qualify for as many weeks as they like. Each parent earns diapers and a Crib Club Coupon for each class they attend.
Support persons who are not parents of a child under the age of 5 must receive permission of the Class Coordinator to receive incentives.