

Class Schedule



May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Child Behaviors 5:30-6:30pm-(Zoom class)</p> <p>Park Day Holliday Park 12:00pm to 1:30pm</p> <p>Birth Prep Class 5:30-6:30pm (In person)</p>	<p>2 <i>Clase de Crianza</i> <i>Diana</i> 11am-12pm (Virtual class)</p>	<p>3 Parenting Class Stephanie 11am-12pm In Person class</p>	<p>4 Breastfeeding 11am-12pm (Zoom class)</p>	5
<p>8 Parenting Styles 5:30-6:30pm-(Zoom class)</p> <p>Birth Prep Class 5:30-6:30pm (In person)</p>	<p>9 <i>Clase de Crianza</i> <i>Thelma</i> 11am-12pm (Virtual class)</p>	<p>10 Parenting Class Stephanie 11am-12pm In Person class</p>	<p>11 Nutrition 11am-12pm (Zoom class)</p>	12
<p>15 Qualities of Strong Fam 5:30-6:30pm-(Zoom Class)</p> <p>Birth Prep Class 5:30-6:30pm (In person)</p>	<p>16 Clase de Nutricion Wanda 11am-12pm (Virtual class)</p>	<p>17 Parenting Class Stephanie 11am-12pm In Person class</p>	<p>18 Importance of Routines 11am-12pm (Zoom class)</p> <p>RKWC en Espanol 6pm -7pm (In Person)</p>	19
<p>22 Bldg Childs Self Esteem 5:30-6:30pm-(Zoom Class)</p> <p>Birth Prep Class 5:30-6:30pm (In person)</p>	<p>23 <i>Presentor Invitado</i> 11am-12pm (Virtual class)</p>	<p>24 Parenting Class Stephanie 11am-12pm In Person class</p>	<p>25 TBD 11am-12pm (Zoom class)</p> <p>RKWC en Espanol 6pm -7pm (In Person)</p>	26
<p>29</p> <p>No Class Memorial Day</p>	<p>30 <i>Presentación Especial</i> 11am-12pm (Virtual class)</p>	<p>31 Parenting Class Stephanie 11am-12pm In Person class</p>		

Women's Care Center Class System

Option 1

Attend a Parenting Class via Zoom

- Call 317-829-6800 to sign up to receive a Zoom link by email. Save the email because the link will work every week.
- One support person over the age of 18 can attend class with you and will receive coupons
- Your video must be on during class to receive coupons
- Earn 2 coupons per class and an additional 2 coupons if a support person attends class with you
- Clients may attend as many classes throughout the week as they like, but will only receive coupons for 1 class
- When you enter class, put your name in the chat box for attendance

Option 2

Attend an In Person Class

- No appointment necessary
- Show up and be a part of a group discussion on pregnancy and parenting topics
- Earn 2 coupons per class and an additional 2 coupons if a support person attends class with you
- Attend 10 In Person classes and earn a free car seat!!
- Clients may attend as many classes throughout the week as they like, but will only receive coupons for 1 class

Option 3

Watch In-Person Videos

- Choose from a variety of videos which include: Pregnancy, Childbirth, Breastfeeding, and Parenting Skills
- Must make an appt to reserve a room to watch videos. Call to schedule.
- One support person over the age of 18 can attend with you and receive additional coupons.
- Earn 2 coupons per session, and additional 2 coupons with support

Crib Club- The Crib Club is the baby store located at The Women's Care Center. Schedule an appointment to use your coupons to buy items like: Cribs, Car Seats, Clothing, Strollers and more!