

Parenting Classes

Classes will take place every Wednesday from 3:30 pm to 4:15 pm. Our classes will be held at the Bismarck Public Library, with one exception, for Wednesday, March 6th, the class will be at the Women's Care Center. Childcare is provided, except for March 6th, then children will be with their parents participating in activities.

March 6th – “Creative Play” Located at Women's Care Center
Audience: All Parents and their children. No childcare provided.

March 13th – “Building Your Child's Self Esteem”
Audience: All Parents.

March 20th - “How to Use a Breast Pump” Julie- Please RSVP.
Audience: All moms wanting to use a breast pump correctly.

March 27th - “Manners and Conversation Skills”
Audience: All parents.

By attending class, you will earn 1 coupon for crib club and 10 diapers. If you bring a support person 18 years of age or older you will earn 2 coupons plus a bundle of 20 diapers. The classes need to pertain to your current situation.



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April 3rd – **“Budgeting 101”** Lance Hill
RSVP.
Parents.

Please
Audience: All

April 10th – **“Sibling Rivalry”**
All Parents.

Audience:

April 17th - **“Potty Training”**
parents with children that yet need to be potty trained.

Audience: All

April 24th – **“Bullying”**
Audience: All parents.

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