

2023

September



103 E. 1st St. Duluth, MN 55802 (218) 623-7100

Monday	Tuesday	Wednesday	Thursday	Friday
28	29 Mindful Moms Group w/Debbie 10 am	30	31 H.O.P.E GROUP Noon-1 pm	1
4 CLOSED	5 Newborns w/Dr. Harvieux 2 pm	6	7 Homegrown Happiness: Backyard Gardening 10 am	8
11	12 Mom Support Group w/Jeanne 10 am	13	14 H.O.P.E GROUP w/Laura Noon-1 pm	15
18	19 Stepping into Nature & Nutrition An Interactive Walking Class w/Linda 1:00-2:30 pm	20	21 Mom Support Group w/Bonnie 10 am	22
25	26 Stepping into Nature & Nutrition An Interactive Walking Class w/Linda 1:00-2:30 pm	27	28 H.O.P.E GROUP w/Laura & Rebecca Noon-1 pm	29

*PARENTING CLASSES= EARN COUPONS + DIAPERS

*Distance Learning Videos are now available for ALL WCC DVD programs—ask your counselor for more information!

*Child Care is available—please sign up in advance so we have ample volunteers ☺

*WCC will pay for parking—please give us your Spot # (located on the meter) before class.
If you park in the parking lot, we need your license plate #.

PLAYGROUND MEMO:

WCC Clients are allowed to use our Playground during normal business hours. (Please sign our waiver)