

SEPTEMBER 2025



Class Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
1 Labor Day Women's Care Center Closed	2	3 Infant Care 1:30-2:30 pm	4	5
8	9	10 Raising Kids w/character 1:30-2:30 pm	11	12
15	16	17 Infant Care 1:30-2:30 pm	18	19
22	23	24 Raising Kids w/character 1:30-2:30 pm	25	26
29	30			

Reminder:

No appointment necessary to attend

If you are late to class by 15 minutes or more, coupons and incentives will not be given

Coupons will be given at the end of class

We cannot hold items. We are on a first come, first serve basis

We do not do any exchanges, once you get items from Crib Club, they cannot be returned or exchanged



Option 1: Attend In-Person Classes

No appointment is necessary for these. Show up and be a part of a group discussion on pregnancy and parenting topics. Earn 2 coupons per class and an additional 2 coupons if a support person attends class with you. Support person must be at least 18 years old. Clients may attend as many classes throughout the week as they like but will only receive coupons for 1 class.

Option 2: Watch In-Person Videos

Choose from a variety of videos which include: Pregnancy, Childbirth, Breastfeeding, and Parenting Skills. Must make an appointment to reserve a room to watch videos. Call 763-208-0076 to schedule. Earn 1 coupon per session.

Maximum of 2 videos per session can be earned.

No coupons will be earned from videos if you also attend a live class the same week.

Crib Club- The Crib Club is the baby store located at the Women's Care Center. Schedule an appointment at 763-208-0076 to use your coupons to buy items like: cribs, car seats, clothing, strollers, and more!

Infant Care Class:

6 class series on: Preparing for baby's arrival and caring for baby

Topics for classes include: Postpartum, Feeding Baby, Basic Care, Sleeping & Crying, Health & Safety, Playing & Bonding

To attend you must be pregnant or have an infant 12 months or younger

Raising Kids with Character Class:

6 class series on: Taking a deeper dive into parenting. Learn how to increase character traits in children

Topics for class: Honesty, Respect, Peace, Kindness, Creativity and Hope

To attend you must have children between the ages of 2-12 years old