



Class Schedule

February 2026

*** Classes are offered on a first come first served basis; space limitations apply. Please DO NOT arrive more than 15 minutes early. ***

Monday	Tuesday	Wednesday	Thursday	Friday
2 4pm Parenting Class: Love Languages	3	4	5 5pm Parenting Class: Love Languages Strong Fathers: Stress Management	6 12pm Clase de Espanol: Listo Para Aprender
9 11am First Time Pregnant Mom's Support Group 4pm Parenting Class: Self Care	10	11	12 5pm Parenting Class: Self Care Strong Fathers: Love Languages	13 12pm Clase de Espanol: Estilos de Aprendizaje
16 4pm Parenting Class: Trouble Sleeping	17 12pm Clase de Espanol: Desafios de la Crianza de los hijos	18	19 5pm Parenting Class: Trouble Sleeping Strong Fathers: Stepdads	20 12pm Oral Hygiene 12pm Clase de Espanol: Su Hijo de Voluntad Firme
23 11am First Time Pregnant Mom's Support Group 4pm Parenting Class: Kids and Anger	24	25	26 5pm Parenting Class: Kids and Anger Strong Fathers: Potty Training	27 12pm Clase de Espanol: El Poder de la Rutina

*** Please note that if you are 10 or more minutes late you will be ineligible to participate in class or receive incentives. Thank you for understanding and supporting a positive experience for all our families. ***

Class topics subject to change. Mother and Partner of the baby are welcome to attend classes that pertain to their current needs but may not attend classes that are not applicable to their current needs. Each parent will earn diapers and Crib Club Coupon's for each class they attend. Support persons who are not parents of a child under the age of 5 must receive permission of the Class Coordinator to receive incentives.
