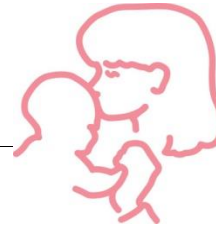


Women's Care Center

Michigan City



732 Wabash Street (219) 874-4646

laportecountywcc@yahoo.com

Find a schedule at womenscarecenter.org

Hours: Mon, Tue, Wed, & Fri 9am-5pm, Thu 11am-7pm

November 2025

2	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
						1
2	3	4	5	6 "Health & Safety" 5:30 pm	7 "Labor & Delivery" 11:00 am "Who is Watching Your Child" 1:00 pm	8
9	10	11 "Nutrition Class" WCC 11:00 am	12	13 "Breastfeeding Basics" With Stephanie 5:30 pm	14 "Feeding Baby" 11:00 am "Importance of Play" 1:00 pm	15
16	17 "Breastfeeding Basics" With Diana 1:00 pm	18 "Breastfeeding Support Group" With Stephanie 11:00 am	19	20 "Playing & Bonding" 5:30 pm	21 "Postpartum Care" 11:00 am "Gratitude" 1:00 pm	22
23	24	25 "Nutrition Class" WCC 11:00 am	26	27 Center Closed	28 Center Closed	29

Prenatal and Newborn Series

- 1.) Dear Baby
- 2.) Trimester Development
- 3.) Healthy Pregnancy
- 4.) Labor & Delivery
- 5.) Feeding Baby
- 6.) Postpartum Care
- 7.) Newborn Traits & Behaviors
- 8.) Postpartum
- 9.) Feeding
- 10.) Basic Care
- 11.) Sleeping & Crying
- 12.) Health & Safety
- 13.) Playing & Bonding
- 14.) Developmental Milestones

Prenatal and Newborn Series is designed for pregnant moms and parents with little ones, (Age 0-6 months)

La serie de clases de Cuidado Prenatal y Recién Nacido está diseñada para mamás embarazadas y padres con pequeños (Edad 0-6 meses)

Besides earning a coupon and diapers for each class, attend all 14 classes within your pregnancy to receive a bonus item of your choice: Portable swing, portable highchair, bassinet.

General Parenting Classes

Meet with other parents who share your challenges as we learn about and discuss a variety of parenting topics.

"Nutrition Class"

Join Jody from Purdue Extension

Start with a few small steps, and you'll be eating better, creating more meaningful family time, and moving more before you know it! Small kitchen incentive will be earned!

You will receive a coupon and 1 bundle of diapers for each class attended.

Classes are not a substitute for medical care.

Class Guidelines:

- Class must relate to your current situation.
- Clients who are more than 10 minutes late receive no incentives but are welcome to stay for information.