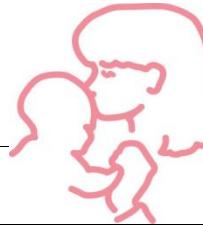


Women's Care Center

La Porte



February 2026

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	2 "Love Languages" 1:00 pm	3 "Nutrition Class" 11:00 am	4 "Toddle Time Story Time" 11:00 am	5 "Second Trimester" 1:00 pm "Overview of Labor and Delivery" 5:00 pm	6 "Lenguajes del Amor" 1:00 pm <i>(This class will be in Spanish)</i>	7
8	9 "Valentine's Day" 1:00 pm	10 "Nutrition Class" 11:00 am "Breastfeeding Support Group" With Stephanie 1:00 pm	11 "Toddle Time Story Time" 11:00 am	12 "Preterm Labor" 1:00 pm "Feelings and Worries" 5:00 pm	13 "Dia de San Valentin" 1:00 pm <i>(This class will be in Spanish)</i>	14
15	16 "Trouble Sleeping" 1:00 pm	17 "Nutrition Class" 11:00 am	18 "Toddle Time Story Time" 11:00 am	19 "Your Story" 1:00 pm "Third Trimester" 5:00 pm	20 "Problemas para Dormir" 1:00 pm <i>(This class will be in Spanish)</i>	21
22	23 "Kids and Anger" 1:00 pm	24 "Nutrition Class" 11:00 am	25 "Toddle Time Story Time" 11:00 am	26 "Feeding Your Baby: Formula and Bottles" 1:00 pm "Breastfeeding Basics" With Stephanie 5:00 pm	27 "Los Niños y la Rabia" 1:00 pm <i>(This class will be in Spanish)</i>	28

You will receive a coupon and 1 bundle of diapers for each class attended.

Classes are not a substitute for medical care.

Class Guidelines:

- Class must relate to your current situation.
- Clients who are more than 10 minutes late receive no incentives but are welcome to stay for information.

824 Lincolnway (219) 324-4646

laportecountywcc@yahoo.com

Find a schedule at womenscarecenter.org

Hours: Mon, Tue, Wed, & Fri 9am-5pm, Thu 11am-7pm

Bump to Baby

Second Trimester

Overview of Labor and Delivery

Preterm Labor

Feelings and Worries

Your Story

Third Trimester

Feeding Your Baby: Formula and Bottles

Breastfeeding Basics

Bump to Baby Series is designed for pregnant moms and parents with little ones, (Age 0-6 months)

La serie de clases de Cuidado Prenatal y Recién Nacido está diseñada para mamás embarazadas y padres con pequeños (Edad 0-6 meses)

Besides earning a coupon and diapers for each class, attend 12 classes within your pregnancy to receive a bonus item of your choice: Car seat or Pack & Play.

Parenting Classes

Meet with other parents who share your challenges as we learn about and discuss a variety of parenting topics.

"Nutrition Class"

Join Jody from Purdue Extension

Start with a few small steps, and you'll be eating better, creating more meaningful family time, and moving more before you know it!

"Toddle Time – Story Time"

Parents and little ones, (Ages 0 - 4-year-old) are invited to join for interactive time of stories, rhymes, and songs to encourage early literacy.