



# JUNE 2023

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				1	2 Feel Good Friday 10:30	3
4	5	6	7 Setting Limits- in person only 10:30	8	9 Feel Good Friday 10:30	10
11	12	13	14 Managing Debt- in person Irena J 10:30	15 Nutrition Class Begins- In person 10:30	16 Feel Good Friday 10:30	17
18	19	20	21 The Power of Routine 10:30	22 Nutrition- Class 2 10:30	23 Feel Good Friday 10:30	24
25	26	27	28 Identity Theft/Scams- In person 10:30	29 Nutrition Class 3 10:30	30 Feel Good Friday 10:30	

**Zoom Link:** <https://us02web.zoom.us/j/89831345624?pwd=L3ZlYVZHR2JYU1RhbUZmdG1YdFh4Zz09>



### Class Guidelines:

- \*Please be on time \*If more than 10 minutes late, no incentives will be earned**
- \*Class must be pertinent to client's current life circumstances. Class content subject to change.**
- \*Clients may identify 1 adult support person to attend class with them; to be approved by staff.**

Future Parenting Class Schedules at: <http://www.womenscarecenter.org/locations/fargo/>