



Class Schedule

April 2024

*****Classes are offered on a first come first served basis, space limitations apply. Please DO NOT arrive more than 15 minutes early.*****

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4 5pm: How To Encourage 5pm: Strong Fathers	5 11am: Portion Control **Nutrition Series
8	9	10	11 5pm: Raising Resilient Kids 5pm: Strong Fathers	12
15	16 12pm: Feeding Baby **Prenatal Series	17	18 5pm: Developmental Milestones 4-5 years old 5pm: Strong Fathers	19 11am: Reading Nutrition Labels **Nutrition Series
22	23	24	25 5pm: Nurturing Bath Time Routines 5pm: Strong Fathers	26
29	30 12pm: Labor & Delivery **Prenatal Series	5/1	5/2 No Class	

*****Please note that if you are 10 or more minutes late you will be ineligible to participate in class or receive incentives. Thank you for understanding and supporting a positive experience for all our families.*****

Class topics subject to change. Mother and Partner of the baby are welcome to attend classes that pertain to their current needs but may not attend classes that are not applicable to their current needs. Each parent will earn diapers and Crib Club Coupon's for each class they attend. Support persons who are not parents of a child under the age of 5 must receive permission of the Class Coordinator to receive incentives.
