



Family Workshops Calendar

April 2025

Class size is limited and will be first come first serve.
If class is full when you arrive, please call us at 574-936-5141

Monday	Tuesday	Wednesday	Thursday	Friday
March 31 •9:15am – Español •3:45pm – Español	April 1 <u>Pregnancy Class</u> •11:00am <i>Open to all currently-expecting moms</i> <u>Newborn Class</u> •5:30pm	2 •10:00 – English <u>Toddle Time</u> 11:00 am – English <u>Clase de Cuidado Prenatal y Nutrición</u> •1:00pm	3 <u>Music Time</u> - For Parents & Their Children •11:00am 1:00pm <u>Strong Fathers</u> •6:00pm	4 <u>Self Care Club</u> •10:30am Español: <u>Self Care Club</u> •1:00pm
7 •9:15am – Español •3:45pm – Español	8 <u>Pregnancy Class</u> •11:00am <i>Open to all currently-expecting moms</i> <u>Newborn Class</u> •5:30pm	9 •10:00 – English <u>Toddle Time</u> 11:00 am – English <u>Clase de Cuidado Prenatal y Nutrición</u> •1:00pm Car Seat Day 1-5pm	10 <u>Music Time</u> - For Parents & Their Children •11:00am •1:00pm <u>Strong Fathers</u> •6:00pm	11 <u>Self Care Club</u> •10:30am Español: <u>Self Care Club</u> •1:00pm
14 •9:15am – Español •3:45pm – Español	15 <u>Pregnancy Class</u> •11:00am <i>Open to all currently-expecting moms</i> <u>Newborn Class</u> •5:30pm	16 •10:00 – English <u>Toddle Time</u> 11:00 am – English <u>Clase de Cuidado Prenatal y Nutrición</u> •1:00pm	17 <u>Music Time</u> - For Parents & Their Children •11:00am •1:00pm <u>Strong Fathers</u> •6:00pm	18 Offices Closed No Classes Oficinas Cerradas No Hay Clases
21 •9:15am – Español •3:45pm – Español	22 <u>Pregnancy Class</u> •11:00am <i>Open to all currently-expecting moms</i> <u>Newborn Class</u> •5:30pm	23 •10:00 – English <u>Toddle Time</u> 11:00 am – English <u>Clase de Cuidado Prenatal y Nutrición</u> •1:00pm	24 <u>Music Time</u> - For Parents & Their Children •11:00am •1:00pm <u>Strong Fathers</u> •6:00pm	25 <u>Self Care Club</u> •10:30am Español: <u>Self Care Club</u> •1:00pm
28 •9:15am – Español •3:45pm – Español	29 <u>Pregnancy Class</u> •11:00am <i>Open to all currently-expecting moms</i> <u>Newborn Class</u> •5:30pm	30 •10:00 – English <u>Toddle Time</u> 11:00 am – English <u>Clase de Cuidado Prenatal y Nutrición</u> •1:00pm	May 1 <u>Music Time</u> - For Parents & Their Children •11:00am 1:00pm <u>Strong Fathers</u> •6:00pm	May 2 <u>Self Care Club</u> •10:30am Español: <u>Self Care Club</u> •1:00pm

Plymouth Women's Care Center

224 N. Michigan St.
Plymouth, IN 46563
(574) 936-5141
Hours: M-F 9:00-5:00

Class topics subject to change. Mother and Father of the baby welcome to attend one "regular" class per week and as many "special" classes (if offered – i.e. First Time Moms-to-Be) as they like/qualify for as many weeks as they like. Each parent earns diapers and a Crib Club Coupon for each class they attend. **Support persons who are not parents of a child under the age of 5 must receive permission of the Class Coordinator to receive incentives.**