

# September 2023

## Parenting Class Schedule



136 N. La Grange Road, La Grange IL 60525

Monday	Tuesday	Wednesday	Thursday	Friday
				1 <b>10 AM: First Time Mom's Class</b> Feeding Your Baby
4	5	6 <b>10AM: In person</b> Mommy and Me Walking Class @ Gordon Park La Grange	7 <b>11 AM: In person</b> Developmental Milestones 12-24 Months	8 <b>10 AM: First Time Mom's Class</b> Eye Contact Means Love
11	12	13 <b>10AM: In person</b> Mommy and Me Walking Class @ Gordon Park La Grange	14 <b>11 AM: In person</b> Raising Adults	15 <b>10 AM: First Time Mom's Class</b> Immunizations
18	19	20 <b>10AM: In person</b> Mommy and Me Walking Class @ Gordon Park La Grange	21 <b>11 AM: In person</b> Budget Basics	22 <b>10 AM: First Time Mom's Class</b> Happiest Baby on the Block
25	26	27 <b>10AM: In person</b> Mommy and Me Walking Class @ Gordon Park La Grange	28 <b>11AM: In person</b> Blended Families	29 <b>10 AM: First Time Mom's Class</b> Intro to Developmental Milestones

### Parenting Class Guidelines

- ♥ Be on time (and not more than 15 minutes early)
- ♥ Clients who are more than 10 minutes late may receive reduced incentives
- ♥ We ask that all cell phones be silenced and put aside during class
- ♥ Free childcare will be provided during each Thursday class

**Upon completion of each class, you will receive 10 FREE diapers and 1 Crib Club coupon for**

*We will meet at the parking lot in Gordon Park La Grange for every walking class*

Remember to bring:

- Water
  - Sunscreen
- Appropriate stroller or baby carriers for your children