

# JANUARY 2026



103 E. 1<sup>ST</sup> ST, DULUTH, MN 55802 (218) 623-7100

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31 <b>CLOSED</b>	1 <b>CLOSED</b>	2
5	6	7 <b>H.O.P.E GROUP</b> w/LAURA @NOON <b>*WOMEN ONLY*</b>	8 <b>ECFE GROW WITH ME</b> W/SARAH <i>Interactive Play with your child</i> @10AM <b>*sign up REQUIRED*</b>	9
12	13 <b>PARENT SUPPORT GROUP</b> W/JEANNE @10AM	14	15	16
19	20	21 <b>H.O.P.E GROUP</b> w/LAURA @NOON <b>*WOMEN ONLY*</b>	22 <b>ECFE GROW WITH ME</b> W/SARAH <i>Interactive Play with your child</i> @10AM <b>*sign up REQUIRED*</b>	23
26	27 <b>PARENT SUPPORT GROUP</b> W/BONNIE @10AM	28	29 <b>Enjoying Life's Chaos</b> <i>Coffee Time w/Deb</i> @10AM	30

REMEMBER TO SIGN UP IN ADVANCE & BE ON TIME 😊

SIGN UP IS REQUIRED FOR THE ECFE GROUP SINCE THERE IS LIMITED SPACE

REMINDER: WE CLOSE THE CENTER IF THE DULUTH PUBLIC SCHOOLS (ISD 709) DUE TO WEATHER—STAY TUNED TO OUR DULUTH WOMEN'S CARE CENTER'S FACEBOOK PAGE FOR CLOSURES OR UPDATES