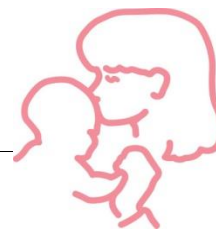


Women's Care Center

La Porte



824 Lincolnway (219) 324-4646

laportecountywcc@yahoo.com

Find a schedule at womenscarecenter.org

Hours: Mon, Tue, Wed, & Fri 9am-5pm, Thu 11am-7pm

August 2025

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
					1	2
3	4 "Anger Management" 1:00 pm	5 "Nutrition Class" 11:00 am	6 "Toddle Time Story Time" 9:30 am	7 "Breastfeeding" with Stephanie 1:00 pm "Health & Safety" 5:00 pm	8	9
10	11 "Kids and Media Use" 1:00 pm	12 "Breastfeeding Support Group" 1:00 pm	13 "Toddle Time Story Time" 9:30 am	14 "Postpartum Care" 1:00 pm "Playing & Bonding" 5:00 pm	15	16
17	18 "Raising Readers" 1:00 pm	19 "Nutrition Class" 11:00 am "Breastfeeding Basics" with Diana 1:00 pm	20 "Toddle Time Story Time" 9:30 am	21 "Newborn Traits & Behaviors" 1:00 pm "Strong Moms" & "Strong Fathers" 5:30 pm	22	23
24	25 "Home Safety" 1:00 pm	26 "End of Summer Craft" 11:00 am	27 "Toddle Time Story Time" 9:30 am	28 "Postpartum" 1:00 pm "Developmental Milestones" 5:00 pm	29	30

You will receive a coupon and 1 bundle of diapers for each class attended.

Classes are not a substitute for medical care.

Class Guidelines:

- Class must relate to your current situation.
- Clients who are more than 10 minutes late receive no incentives but are welcome to stay for information.

Prenatal and Newborn Series

- 1.) Dear Baby
- 2.) Trimester Development
- 3.) Healthy Pregnancy
- 4.) Labor & Delivery
- 5.) Feeding Baby
- 6.) Postpartum Care
- 7.) Newborn Traits & Behaviors
- 8.) Postpartum
- 9.) Feeding
- 10.) Basic Care
- 11.) Sleeping & Crying
- 12.) Health & Safety
- 13.) Playing & Bonding
- 14.) Developmental Milestones

Besides earning a coupon and diapers each class, attend all 14 classes within your pregnancy to receive a bonus item of your choice: Portable swing, portable highchair, bassinet.

General Parenting Classes

Meet with other parents who share your challenges as we learn about and discuss a variety of parenting topics.

"Strong Fathers"

Join our new series for fathers only as we explore the important role you play in the lives of your children.

"Strong Moms"

Moms are welcome to join us in class at the same time.

"Nutrition Class"

Join Jody from Purdue Extension

Start with a few small steps, and you'll be eating better, creating more meaningful family time, and moving more before you know it! A small kitchen incentive will be earned!

"Toddle Time – Story Time"

Parents and little ones, (Ages 0 - 4-year-old) are invited to join for interactive time of stories, rhymes, and songs to encourage early literacy.