



Class Schedule

October 2025

*** Classes are offered on a first come first served basis, space limitations apply. Please DO NOT arrive more than 15 minutes early. ***

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 5pm: Raising Readers 5pm: Strong Fathers Home Safety	3 12pm: Dental Hygiene
6	7 12pm: Nutrition <i>Different Milks</i>	8	9 5pm: Time Management 5pm: Strong Fathers: Developing Creativity	10
13	14	15	16 5pm: Sleep Routines 5pm: Strong Fathers: Developmental Milestones 4-5 years	17 12pm: Nutrition <i>Introducing Solids</i>
20	21 12pm: Nutrition <i>Back to Basics</i>	22	23 5pm: Building Your Child's Self Esteem 5pm: Strong Fathers: Handling Tantrums	24
27	28	29	30 5pm: Fall Party	31 12pm: Nutrition <i>Cooking with Kids</i>

*** Please note that if you are 10 or more minutes late you will be ineligible to participate in class or receive incentives. Thank you for understanding and supporting a positive experience for all our families. ***

Class topics subject to change. Mother and Partner of the baby are welcome to attend classes that pertain to their current needs but may not attend classes that are not applicable to their current needs. Each parent will earn diapers and Crib Club Coupon's for each class they attend. Support persons who are not parents of a child under the age of 5 must receive permission of the Class Coordinator to receive incentives.
