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womenscarecenter.org

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>Bump to Baby</u> Overview of Labor & Delivery 6p (Español) <u>Parenting</u> Love Languages 7:30p (Español) <u>Strong Fathers</u> 7:30p (Español)	3 <u>Parenting</u> Love Languages 11a	4	5 <u>Strong Fathers</u> 7p	6 <u>Bump to Baby</u> Overview of Labor & Delivery 2p
9 <u>Bump to Baby</u> Feelings & Worries 6p (Español) <u>Parenting</u> Valentine's Fun 7:30p (Español) <u>Strong Fathers</u> 7:30p (Español)	10 <u>Nutrition</u> Immunity Boosters 11a	11	12	13 <u>Specialty Class</u> <u>Valentine's Fun</u> <u>Bracelet Making</u> 12:30p <u>Bump to Baby</u> Feelings & Worries 2p
16 <u>Bump to Baby</u> Third Trimester 6p (Español) <u>Parenting</u> Trouble Sleeping 7:30p(Español) <u>Strong Fathers</u> 7:30p (Español)	17 <u>Parenting</u> Trouble Sleeping 11a	18	19 <u>Strong Fathers</u> 7p	20 <u>Bump to Baby</u> Third Trimester 2p
23 <u>Bump to Baby</u> Introducing Solids 6p (Español) <u>Parenting</u> Kids & Anger 7:30p (Español) <u>Strong Fathers</u> 7:30p (Español)	24 <u>Parenting</u> Kids & Anger 11a	25	26	27 <u>Bump to Baby</u> Introducing Solids 2p

*Strong Fathers classes are for men only