

935 East Broad Street Columbus, OH 43205; (614) 251-0200 3273 East Main Street Columbus, OH 43213; (614) 235-3000 Email: kwcccolumbus@gmail.com

### Broad Street Parenting Class Schedule – February 2024

\*All classes are held at the Broad Street center\*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 The Pelvic Floor Missy 10:30a-11:30a (*Note: time change)	3 Preventing Food Waste Rochelle 10a - 11a *Childcare Available*
4	5 Nutrition 11a-12p  Love Languages 5:30p-6:30p	6 Love Languages 11a-12p *Childcare Available*	<b>7</b> Mommy & Me (Bring your child age newborn-23 months) <b>11a-11:30a</b>	8	9 Toddler Story Time (Bring your child age 2 - 5 years) 11a-12p	10 Your Words Have Powe LaMeka 10a - 11a *Childcare Available*
11	12 Bed Wetting & Constipation Sam 11a-12p  Valentine's Fun! 5:30p-6:30p	13 Valentine's Fun! 11a-12p *Childcare Available*	<b>14</b> Mommy & Me (Bring your child age newborn-23 months) <b>11a-11:30a</b>	15	16 Toddler Story Time (Bring your child age 2 - 5 years) 11a-12p	17 Strong Fathers <i>Eric</i> 10a-11a *Class designed for the male figure in the children's lives* *Childcare Available*
18	19 Nutrition 11a-12p  Your Child's Temperament 5:30p-6:30p	20 Your Child's Temperament 11a-12p *Childcare Available*	<b>21</b> Mommy & Me (Bring your child age newborn-23 months) <b>11a-11:30a</b>	22	23 Toddler Story Time (Bring your child age 2 - 5 years) 11a-12p	24 No Regularly Scheduled Classes
25	26 Nutrition 11a-12p  Meal Planning 5:30p-6:30p	27 Time Management Fran 11a-12p *Childcare Available*	28 Mommy & Me (Bring your child age newborn-23 months) 11a-11:30a	29		

# **\*\*ANNOUNCEMENTS\*\***Oftentimes, our Monday evening and Tuesday classes are the same class - clients can only attend one of these classes (in the same week).

In case of inclement weather, Parenting Class and Crib Club close when Columbus City Schools close.

## Due to limited class space, we cannot accommodate children or support people during parenting classes at this time. Lap babies are welcome to stay with mom during class. *Baby is no longer considered to be a lap baby once he/she is actively crawling OR turns 1 year old.*

\*Childcare is offered for some classes. Registration required - see guidelines below on how to register your child.\*

**Crib Club Shopping at the Broad Street Center:** <u>Mondays, Tuesdays, Wednesdays, Fridays</u>: 12p-1:30p and the 4th Saturday of the month: 11a-12p. \*\*Starting April, Saturday shopping with be the 2nd Saturday of the month, 11a-12p\*\*

**OR** by appointment, Monday-Friday only. **Crib Club Shopping at the Main Street Center:** By appointment only.

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Classes will be taught by WCC staff unless otherwise noted. Please review our coupon, shopping, and classes guidelines below.

#### WOMEN'S CARE CENTER CRIB CLUB/COUPON GUIDELINES

**<u>Coupons earned:</u>** Clients earn coupons from the following Women's Care Center services

- 2 Coupons per Visit: Initial visit (intake/pregnancy test), ultrasound, follow-up visits, goals visits.
- Up To 4 Coupons per Visit: In-person parenting classes (4 coupons are earned if seated by class start time and 3 coupons are earned if seated 1–10 minutes late). If you are over 10 minutes late to a class, we ask that you don't attend that class, and hope that you can join us next time!
- Because we want clients to engage during class, we ask clients to refrain from side conversations & cell phone use during all classes. (an emergency phone call is an exception). Please step out of class if you receive an emergency call. If a client is repeatedly talking to others &/or uses her cell phone during class, she will be placed at the bottom of the list for Crib Club shopping that day or lose her coupons for the class.

#### **Childcare Guidelines:**

- PLEASE SEE CALENDAR FOR THE CLASSES THAT HAVE CHILDCARE AVAILABLE.
- Childcare is offered for children ages crawling through age 4. If your baby is not yet crawling, we ask that he or she stay with mom in class.
- To register for childcare, you must call our Broad Street center at (614) 251-0200. **\*You must speak with a staff member to register your child do not leave a voicemail.\*** For the Tuesday parenting class, phones open for registration at **12pm** on Monday (the day prior to the class). For the Saturday parenting class, phones open for registration at **12pm** on Friday (the day prior to the class).
- No food or drink.
- If you or your child are sick, please remain home and join us when you are feeling better.
- We are currently limiting the number of children in childcare to 6 children.

#### Strong Fathers:

- These classes are designed for the client's male parenting partner or another important male figure in the child(ren)'s life.
- Please **do not** attend the class with your male parenting partner.
- The male parenting partner will **earn up to 8 coupons** per class that will be applied to the client's account.