



Women's Care Center Niles February 2026

Sun	Mon	Tues	Wed	Thursday	Fri	Sat
1	2 Parenting Class Love Languages 12:00pm	3 Mommy & Me Music 10:00am <i>For parents & children ages 0-1</i>	4 Movers & Shakers: 11:00am <i>For parents & children ages 1-5</i>	5 Bump-to-Baby 11:30am Labor & Delivery - <i>Double Diapers!</i> Nutrition Class – Immunity Boosters - 1:00pm Storytime - 5:30pm <i>For parents & their children</i>	6	7
8	9 Parenting Class Valentine's Day 12:00pm	10 Mommy & Me Music 10:00am <i>For parents & children ages 0-1</i>	11 Movers & Shakers: 11:00am <i>For parents & children ages 1-5</i> Car Seat Fitting 10:00am-2:00pm Appointment Required	12 Bump-to-Baby 11:30am Feelings & Worries - <i>Double Diapers!</i> Nutrition Class – Valentine's Day - 1:00pm Storytime - 5:30pm <i>For parents & their children</i>	13	14
15	16 Parenting Class Trouble Sleeping 12:00pm	17 Mommy & Me Music 10:00am <i>For parents & children ages 0-1</i>	18 Movers & Shakers: 11:00am <i>For parents & children ages 1-5</i>	19 Bump-to-Baby 11:30am Third Trimester - <i>Double Diapers!</i> Nutrition Class – Buying in Season- 1:00pm Storytime - 5:30pm <i>For parents & their children</i>	20	21
22	23 Parenting Class Kids & Anger 12:00pm	24 Mommy & Me Music 10:00am <i>For parents & children ages 0-1</i>	25 Movers & Shakers: 11:00am <i>For parents & children ages 1-5</i>	26 Bump-to-Baby 11:30am Introducing Solids - <i>Double Diapers!</i> Nutrition Class – Winter Day Stew - 1:00pm Storytime - 5:30pm <i>For parents & their children</i>	27	28

Niles Center

621 E. Main St. Niles, MI
(269) 684-4040
berriencountywcc@gmail.com

Classes & Updates:

womenscarecenter.org/locations/niles

Hours:

Mon, Tue, Wed, & Fri: 9am-5pm
Thursday: 11am-7pm



Strong Fathers Program

Thursday 6:15pm
Sign up after Monday classes or call to register
Double Coupons Given!

Bump-to-Baby Series

Covers topics from pregnancy through newborn care.

Must be currently pregnant or have a baby younger than 6 months old to attend.

Class Guidelines

- Be on time to class but not more than 15 minutes early.
- Participate in class and complete class form/notes.
- Participants receive 1 coupon and 10 diapers.
- Classes are not a substitute for medical care.
- Do not bring sick children or come if you are sick.
- Childcare is limited, please ask for details.
- Class size is limited and available on a first come, first serve basis.